Daily Plan ~ Day 1

Sunday, June 24, 2007

Day Coordinator: Sandra Schultz, National Park

Service Upper Delaware Scenic and Recreational River

Ten Mile River Access, Tusten, N.Y. - to

Barryville, N.Y.

8 Miles ~ Class I and II Rapids



Morning Travel on-your-own to Kittatinny Canoes Campground at Barryville, N.Y. Click for directions.

11:00 A.M. Register at the Pavilion at Kittatinny Canoes at Barryville, N.Y.

Prepare private boats for shuttle to Ten Mile River.

Noon Kick-Off Lunch and Program at the Pavilion at Kittatinny Canoes

1:00 P.M. Shuttle by bus to Ten Mile River Landing

Trip Orientation, Safety talk, and white water paddling instruction before launching.

On the River - Enjoy one of the designated "Scenic Sections" of the Delaware River

while looking for eagles.

Practice and demonstrate white water paddling skills in preparation for Day 2 on the

Lackawaxen River.

5:30 P.M. Take-out - Luke's Landing at Kittatinny Canoes' Campground at Barryville, N.Y.

Set up campsites after paddling

7:00 P.M. Dinner - at the Pavilion at Kittatinny Canoes, Barryville, N.Y.

8:00 P.M. Evening Program – at the Pavilion at Kittatinny Canoes, Barryville, N.Y. Bob Berg from

Thunderbird Atlatl will discuss "Primitive Skills and Technologies." His presentation will include an expert demonstration of the ancient, spear-throwing weapon known as the atlatl. Thunderbird Atlatl, based in Candor, N.Y., is the world's largest manufacturer of handmade atlatls and darts. Anyone interested in seeing the program and meeting the

Sojourners is welcome to attend.

10:30 P.M. Quiet Hours in camp.

Camping at Kittatinny Canoes' Campground at Barryville, N.Y.

Note: There <u>are</u> shower facilities at this location.

Many thanks to today's Sojourn Partners:

Upper Delaware Council, Jill's Kitchen, Kittatinny Canoes and Campgrounds, Staff of the National Park Service Upper Delaware Scenic and Recreational River, Thunderbird Atlatl, and the National Canoe Safety Patrol

EMERGENCY CONTACT NUMBERS
National Park Service Dispatch 1-845-557-0222

*Water Levels - Water height is of critical importance for safety in the Upper Delaware section of the river for two reasons:

- 1. High water increases the speed of the river's flow and can inundate the riverbanks and islands where flooded trees and vegetation can create what are known as "strainers". Strainers are very, very dangerous and can trap boats and people under water.
- 2. High water changes the characteristics of the rapids on the Upper Delaware. Some "wash out" while others become more dangerous with higher waves.

The Sojourn's Policy for the Upper Delaware River is:

At <u>average</u> water levels: 2.5-4 ft - Everyone may take the trip in canoes or kayaks, even if it is raining.

At <u>moderate</u> water levels: 4 - 6 ft - We will take the trip even if it is raining. Rafts are recommended for less skilled boaters. The Sojourn Safety Staff will have the final word in determining who is a skilled boater and who should be in a raft.

At <u>high</u> water levels: 6-8 ft - Take the trip even if it is raining and the river is not expected to go above 8 feet. Rafts will be <u>required</u> for all people <u>renting</u> watercraft and for less skilled private boaters. High water waivers will be required for people using private boats; the Sojourn Safety Staff will have the final word in determining who is a highly skilled boater and who should be in a raft.

At <u>very high</u> water: 8-feet and above - There will be <u>No Sojourn River Trip</u> - Alternate Land Activities will be offered.

It is especially important to note that high water rescues endanger the people making the rescue. While Sojourn Safety personnel are well trained in rescue techniques, the person nearest to a boat or boater in trouble could be another Sojourner. High water makes the river more dangerous for everyone. The Sojourn Safety Staff will determine whether it is safe to paddle on any given Sojourn Day.

On Day 1, The Kick off Lunch and program will be provided as planned.

There is much to see and do in the Upper Delaware Valley. Alternate activities include a visit to Fort Delaware, the Minisink Battleground park, the Roebling Bridge, and D&H Towpath Trail. Sojourners may also hike the Tusten Mountain Trail.

Dinner and the evening program at Kittatinny's Barryville Pavilion will still be provided as planned.